

# The Cairn Connection



Issue 120

Spring 2014

## Cairn play Day



# FREE!!!

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**Agility! Obedience! Rally!  
Tricks! Terrier Games!**

**Free Lunch!**



**April 19, 10am-2pm**

**Denver Dog Sports  
4300 Forrest Street  
Denver, CO 80216**

**<http://denverdogsports.com/about-us/>**

Bring your Cairns and your other dogs who live with Cairns.

We will send you home with a happy, tired pack!

Lunch is provided, courtesy of CTCD.

Puppy pet home, rescue homes, and friends who have Cairns are all welcome.

**Please RSVP to Andrea Faucette by Wednesday, April 16: [afaucette@geitech.com](mailto:afaucette@geitech.com) or 303-883-8131.**

## President's Letter

Dear CTCD Members,

This year promises to be an exciting time for our club and our Cairn Terriers. Our Cairn Play Day has been rescheduled for Saturday, April 19, at Denver Dog Sports and will provide lots of fun and games for owners and dogs as well. There will be agility, obedience, rally, and coursing demos and practices, followed by games and tricks. Lunch will be provided by the club. Look for a flyer for more information, and sign up to join in the fun.

The club has committed to several yearly events and we count on you members to make them successful. On Memorial Day weekend we join the Vizsla Club to host a three-day agility trial in Lakewood. This event generates funds to continue to put on our annual specialty as well as other yearly activities. CTCD's specialty in Greeley on August 15<sup>th</sup> is our 25<sup>th</sup>, and we will make it spectacular with lots of "Silver and Bling". As with all our events, we need the help and talents of all our members. When word comes out asking for help, please consider joining your fellow Cairn lovers in making our specialty really amazing.



Recently our cairns have found two new performance events – Lure Coursing and Barn Hunt. We will have demos and information available at our Fun Day or you can ask any board member for help getting your Cairn started in these fun venues.

The yearly calendar is included in this issue. Keep it handy and then you and your Cairn(s) can enjoy all the activities we have planned for you. Good Luck and enjoy your Cairns.

Sandy Trzos, President

Sandy

## In Memoriam

### Frederick Trzos, Lt. Col. US Army, Ret.

March 29, 1937 – February 5, 2014

He was the son of John and Catherine (nee Zola) Trzos and was born and raised in the Chicago area. An active member of the Roman Catholic Church, he attended Catholic elementary and high schools (Fenwick HS). He shot competitively on several rifle teams up thru college and was a member of college ROTC. He attended the University of Dayton (UD), where he met and married Sandra (nee Carlile) in September 1960. In June of 1961, he and Sandy graduated from UD and he was commissioned into the US Army as a 2nd Lieutenant.

#### Education

- BS Geology – University of Dayton MA
- Business Administration – Webster College

#### Military Career (1961 – 1982)

- Infantry Officer (including several years as a Green Beret)
- Several overseas assignments including 2 tours in Vietnam
- Command and General Staff College Graduate and then Instructor
- Procurement and Quartermaster Corps. Contracting Officer

#### Lockheed Martin Career (1982 – 1999)

- Various Management positions in Material, Contracts, and Subcontracts Departments

#### Hobbies and Interests

- Cairn Terriers (since 1976)
- Camping (RV)
- Cairn Terrier Club of Denver (CTCD) – Member and held various officer positions
- Aspen Leaves Chapter of Good Sams – Member and held various officer positions
- Rocky Mountain Earthdog Club (RMEC) – Member
- Rocky Mountain All Terrier Club – Member

Loved his family, his dogs, his country, computers, photography, political discussions, and college basketball.

#### *From Fred's daughter Suzanne:*

He bought my mom their first Cairn, Nikki, in 1976 while they were stationed in England and they have had Cairn Terriers ever since.

#### *Editor's note:*

*Our hearts go out to Fred's wife Sandy and daughter Suzanne (both CTCD members) as well as his daughters Sharon and Melissa and the rest of his family. We will miss Fred's leadership in CTCD, as well as the many congenial discussions with him along the sidelines of various dog events.*

## Notes from All Over



*On January 26, 2014, Karen Kotke-Partington and Betty McNeil-Scott presented Mary Lou Wilde with a handcrafted metal sculpture from the Cairn Terrier Club of Denver (CTCD), Rocky Mountain All Terrier Club (RMATC), and Rocky Mountain Earthdog Club (RMEC) in acknowledgement and appreciation for the 12 years that Dick and Mary Lou Wilde hosted Earthdog Test weekends for all three clubs at their beautiful Elizabeth home and grounds.*

*We are both thrilled and overwhelmed with the gift of our sign. When and if the ground thaws we will put it in the front yard overlooking the road.*

*You could not have picked a more perfect gift.*

*Many many thanks.*

*Dick and Mary Lou Wilde*

## Cairn Health—Does Your Dog Need Fatty Acids?

—Contributed by  
Cheri Eagleson

Just like with humans, good fatty acids are necessary nutrients for dogs' bodies. They're part of cell walls and help pets have a healthy coat and skin. Vitamins, minerals and protein are as important to the dog's health as fatty acids are to the coat and skin.

While fatty acids are important supplements for healthy dogs, in large amounts, they also contribute to natural treatment for a variety of medical conditions. They reduce inflammation for dogs with allergies, arthritis, auto-immune disorders, even kidney disease, asthma, heart disease, digestive problems, and seborrhea the skin disease. Or, increasing inflammation, they are useful for dogs that have infections and still need vital fatty acids for good healthy skin and coat.

There are two major types of fatty acids: Omega-6 and Omega-3. These names refer to the nutrients' chemical structure. In general, omega-6 will help to promote inflammation whereas omega-3 fatty acids combat inflammation.

**Omega-6** is found in vegetable oils such as flaxseed, soybean, sunflower, safflower, corn oil and in pork and poultry fat. Fortified flaxseed oil has higher levels of omega-6 but is low in

saturated fats so it is considered optimal.

Almost all manufactures include omega-6 in dog and cat food kibble but, there will not be the same amount of omega-3 in the kibble due to the temperatures of the processing. Also, since omega-3 is much more expensive than omega-6, the ratio of omega-6 to omega-3 will usually be between 5:1 to 10:1. So if your pet has conditions where he or she needs more fatty acids then he would more than likely take a higher dose of omega-3 to help with his illnesses. So the goal is to add omega-3 fatty acids to the dogs diet and minimize the omega-6 fatty acids. Meaning if you are feeding kibble, then an extra amount of omega-3 can be added to his bowl, even two to three times the amount on the label.

**Omega-3** comes from several plants, such a flax, hemp, even some cold water fish, such as herring, salmon, sardines, mackerel and menhaden. Beware, if you decide to use cod-liver oil, that it contains higher concentrations of vitamin A and D which can be harmful to the liver, if the kibble you feed already has a "standard amount needed" level of A and D. However, your veterinarian will probably recommend fatty acids that comes from fish. This is because the fatty acids con-

tained in flaxseed oil may not be efficiently converted to the active forms needed by sick animals. Flaxseed oil is fine, though, for healthy dogs that are just taking fatty acids for healthy skin and coats. Chia seeds are also a source of omega-3 fatty acid, even more than flax seed, along with fiber, calcium and antioxidants

There is clinical evidence that omega-3 fatty acid docosahexaenoic acid (DHA) along with eicosapentaenoic acid (EPA) can also help to improve a dog's immunity, metabolism and overall general health. In recent tests, omega-3 fatty acids also have been shown to increase longevity in dogs with some types of cancer; this may be because omega-3 fatty acids can promote weight gain.

Because the nutrients reduce inflammation, the older dog that has deficiencies or the commonly found conditions of arthritis, heart disease and kidney or liver problems, even cancer, can benefit from omega-3 fatty acids. The catch with fatty acids is that it takes a high dose to help dogs with illnesses. That's why many doctors recommend giving dogs two to four times the dose that the label recommends. If one is giving a dog fatty acids simply for overall health, rather than to treat a specific disease, the dose on the label is probably enough.



## Conformation—New Point Schedule

May 14, 2014

### POINT SCHEDULE FOR CAIRN TERRIERS

DIVISION	STATES	1 POINT Dogs-Bitches	2 POINTS Dogs-Bitches	3 POINTS Dogs-Bitches	4 POINTS Dogs-Bitches	5 POINTS Dogs-Bitches
1	Connecticut, Maine, Massachusetts, New Hampshire, Rhode Island, Vermont	2-2	3-4	4-6	5-9	6-15
2	Delaware, New Jersey, New York, Pennsylvania	2-2	3-4	4-6	9-11	20-22
3	District of Columbia, Maryland, North Carolina, Tennessee, Virginia, West Virginia	2-2	3-4	4-6	8-14	14-22
4	Florida, Georgia, South Carolina	2-2	3-4	4-5	5-7	7-12
5	Indiana, Kentucky, Ohio	2-2	3-4	4-5	5-6	6-7
6	Iowa, Kansas, Missouri, Nebraska,	2-2	3-3	4-5	5-6	6-10
7	Colorado, Oklahoma, Texas	2-2	3-4	4-5	5-7	8-11
8	Oregon, Washington	2-2	4-6	6-9	7-12	9-19
9	Arizona, California	2-2	4-4	6-7	7-12	12-20
10	Alaska	2-2	3-3	4-4	5-5	6-6
11	Hawaii	2-2	3-3	4-4	5-5	6-6
12	Puerto Rico	2-2	3-3	4-4	5-5	6-6
13	Idaho, Montana, Nevada, New Mexico, North Dakota, South Dakota, Utah, Wyoming	2-2	3-4	4-5	5-6	6-7
14	Alabama, Arkansas, Louisiana, Mississippi	2-2	3-5	4-7	5-8	6-9
15	Illinois, Michigan, Minnesota, Wisconsin	2-2	4-5	5-7	9-12	14-20

Cairn Care—Emergency Information Forms

Dog Information

Dog's Name \_\_\_\_\_ Birthdate \_\_\_\_\_

Description \_\_\_\_\_

Rabies Vaccination \_\_\_\_\_

Owner \_\_\_\_\_ Phone number(s) \_\_\_\_\_

Address \_\_\_\_\_

Co-Owner \_\_\_\_\_ Phone number(s) \_\_\_\_\_

Address \_\_\_\_\_

Feeding instructions \_\_\_\_\_

\_\_\_\_\_

Veterinarian \_\_\_\_\_ Phone number \_\_\_\_\_

Address \_\_\_\_\_

Medical Requirement \_\_\_\_\_

Provider of Care \_\_\_\_\_ Phone number(s) \_\_\_\_\_

Address \_\_\_\_\_

Financial Arrangements \_\_\_\_\_

\_\_\_\_\_

Special Instructions \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Warnings \_\_\_\_\_

\_\_\_\_\_

Dog Information

Dog's Name \_\_\_\_\_ Birthdate \_\_\_\_\_

Description \_\_\_\_\_

Rabies Vaccination \_\_\_\_\_

Owner \_\_\_\_\_ Phone number(s) \_\_\_\_\_

Address \_\_\_\_\_

Co-Owner \_\_\_\_\_ Phone number(s) \_\_\_\_\_

Address \_\_\_\_\_

Feeding instructions \_\_\_\_\_

\_\_\_\_\_

Veterinarian \_\_\_\_\_ Phone number \_\_\_\_\_

Address \_\_\_\_\_

Medical Requirement \_\_\_\_\_

Provider of Care \_\_\_\_\_ Phone number(s) \_\_\_\_\_

Address \_\_\_\_\_

Financial Arrangements \_\_\_\_\_

\_\_\_\_\_

Special Instructions \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Warnings \_\_\_\_\_

\_\_\_\_\_

Note: Print, fill out, cut apart (could laminate) and tape wherever your dogs might be: crates, motor home, car, refrigerator in your house, anywhere that emergency personnel or other might find your dogs in your absence. Thanks to Fred Trzos for this idea and submission.

## Brags—TACH for Thistle

**Trial:** Teacup Agility Trials, Arvada, Colorado

**Date:** November 10, 2013

**Dog:** Wildeoaks Soaring with Angels (Thistle)

**Owner:** Sandy Trzos

**Judge:** Natalie Russell

**New Title!** Teacup Agility Champion (TACH)

Congratulations Sandy and Thistle!





## Brags—RATN for Callie

**Trial:** Barn Hunt Trial, Castle Rock, Colorado

**Date:** February 1, 2014

**Dog:** CH PARAGON'S SKYEHIGH CALESCENCE (Callie)  
RN, ME, EE, CAA

**Owner:** Sandy Trzos

**Judge:** Kathy Stabler

**Placements:** 3rd Place and new title: Barn Hunt Novice (RATN)



## Brag—UD for Sophie



**Trial:** D'Arbonne Kennel Club, Haughton, Louisiana

**Date:** November 9, 2013

**Dog:** Sophie

**Owner:** Sandy Hocking

**Judge:** Ted McCall

**Titles/Awards:** Second place, score 191.5, third UD leg

This score completes Sophie's AKC UD Obedience Title! I believe there was only one other Cairn that achieved this in 2013 (Judith Lewis of LA). We are so happy to complete this after 1 1/2 years in pursuit. Sophie is now 11 and semi-retired. Planning on some light showing and lots of PLAY. Sophie was recognized by the Tyler Obedience Training Club in December 2013 with a trophy for "Ultimate Award" in Obedience.

## Brag—New Champion Smitty



**Show:** Montgomery County Kennel Club

**Date:** September 29, 2013

**Dog :** CH Janwell's Independence at Cherbo (Smitty)

**Owner:** Cheri Eagleson

**Title:** Earned his Champion title with five majors!  
Best in Sweeps at Montgomery

## The Rainbow Bridge—Hope

**Ch Wildeoaks Carefree Angel, Hope,  
crossed the Rainbow Bridge March 19, 2014**



From Mary Lou Wilde: Hope never saw a waste basket  
that did not need turning over or a gate  
that she wouldn't try to open and many times she did.  
She always thought that the kitchen table was a great place to lay  
so she could watch out the window.  
I guess we never told her she shouldn't.  
Hope leaves a big hole in Dick's and my heart.  
There will never be another Hope.

"Dogs are not our whole life, but they make our lives whole." —Roger A. Caras

## CTCD Sponsored Events for the rest of 2014

All club meetings are scheduled at VRCC Veterinary Hospital unless otherwise noted  
(3550 S. Jason Street, Englewood)

**Cairn Play Day** – April 19 (10:00 am – 2:00 pm) – Denver Dog Sports  
(Performance demos, practices, and doggie games followed by lunch)

**Board and General Meeting** – April 19—During lunch at the Play Day

**Coursing Ability Tests** – April 26 – 27  
(Zoiboyz Ranch Peyton – Food sponsored by RMATC)

**Agility Trial** – May 24 – 26 – 7:00 am – 4:00 pm  
(Schaefer Sports Arena, Lakewood)

**Board and General Meeting**—June 12—7:00 pm

**Board and General Meeting** - July 10 – 7:00 pm

**CTCD Specialty** – August 15<sup>th</sup> – 25<sup>th</sup> Anniversary Show  
(Island Grove Park, Greeley)

**Board and General Meeting** – September 11<sup>th</sup> – 7:00 pm

**Coursing Ability Tests** – October 11 - 12  
(Zoiboyz Ranch Peyton – Food sponsored by CTCD)

**CTCD/RMATC Earthdog Tests** – October 18 – 19  
(Site – TBD)

**Board and General Meeting** – November 13<sup>th</sup> – 7:00 pm

**CTCD Agility Trial** – December 6 – 7 – 7:00 am – 4:00 pm  
(Denver Dog Sports)

**CTCD Holiday Party** - TBD



## Fun Photos of Our Cairns (and Friends)

### The Cairn Connection

Editor: **Nancy McNair**

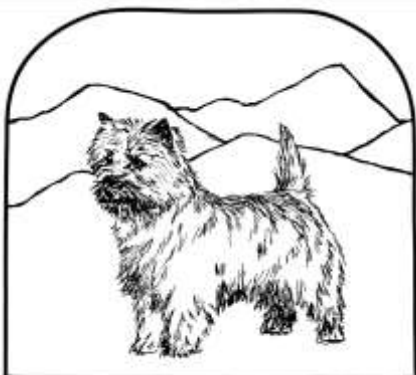
Phone: 970-225-9626

mcnairfamily@comcast.net



**We're on the Web**

[www.ctcdenver.com](http://www.ctcdenver.com)



CAIRN TERRIER CLUB OF DENVER



"One of these dogs is not a Cairn Terrier." Photo courtesy of and copyright by Christel Gray

### Cairn Terrier Club of Denver Officers

President	Sandy Trzos
Vice President	Mary Lou Wilde
Treasurer	Andrea Faucette
Corresponding Secretary	Chris Gray
Recording Secretary	John Wishart

### Board Members

Rebecca White  
Tom Fitzgerald